



PROCEDURE MANUAL

SEPTEMBER 2009

CONTACT INFORMATION

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Curriculum and Scheduling Questions:

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Sex Education Program
Department of Obstetrics and Gynecology

Dear Educator:

In preparation for the upcoming school year, the UT Health Science Center at San Antonio Sex Education Program has organized this Procedure Manual to help you successfully implement the University of Texas Health Science Center at San Antonio Sex Education Program in your school. We hope this will make the sequence of events easy to follow. Each section of the Procedure Manual outlines the information regarding everything you will need to know in order to have a successful time teaching the Scott & White Worth the Wait® Sex Education Curriculum. A “Steps for Successful Implementation” list has been inserted to give you a concise picture of all the dates that will need to be scheduled and the forms that will need to be completed and returned to the UT Health Science Center Sex Education Program. Please take a moment to look over the Procedure Manual and the “Steps for Successful Implementation.”

As always, we thank you for your participation in and support of the UT Health Science Center Sex Education Program. Should you have any Program questions, please feel free to contact our office at 210-567-7036.

Sincerely,

Kristen

KRISTEN PLASTINO, MD

Associate Professor, Dept. of Ob/Gyn

Director, UT Health Science Center Sex Education Program

TABLE OF CONTENTS

1. IMPLEMENTATION AND DATA COLLECTION	
• Steps to Successful Implementation	1
• District and Campus Coordinator Information	3
• District Coordinator Information Form	4
• Campus Contact Information Sheet	5
• Curriculum Instructors	6
• Curriculum Instructor Implementation Data Form	7
• Curriculum Instructor Post Teaching Data Form	8
2. CURRICULUM	
• Parent Permission (English & Spanish)	9 & 10
• Curriculum Components	11
• Supply List	12
• The UT Health Science Center Sex Education Program Curriculum Evaluation	13
3. PRESENTATIONS AND CONFERENCES	
• The UT Health Science Center Sex Education Program EduWait Training Conference	14
• Adult Presentations - District-Wide Staff In-Service - “Say IT” Parent/Student Program	15
• Model Timeline & Suggestions For Planning A Successful Parent/Student Program	16
• Parent/Student Program Tips	17
• Sample Flyer	18
• Optional Student Presentation	19
• Teen Focus Groups	19

STEPS TO SUCCESSFUL IMPLEMENTATION

<u>ROLE</u>	<u>STEP</u>	<u>UT HEALTH SCIENCE CENTER SEX EDUCATION PROGRAM</u>
INITIAL POINT OF CONTACT	<input type="checkbox"/> Obtain approval and support from your district’s School Health Advisory Council (SHAC), if applicable.	<input type="checkbox"/> Attend SHAC and present overview of program.
INITIAL POINT OF CONTACT	<input type="checkbox"/> Obtain approval from your school board. Send copy of minutes in which the Scott & White <i>Worth the Wait</i> ® Sex Education Curriculum was approved for teaching to the UT Health Science Center Sex Education Program.	<input type="checkbox"/> Attend school board meeting to present overview (Optional).
INITIAL POINT OF CONTACT	<input type="checkbox"/> Identify a person as the District Coordinator ; provide this name and DISTRICT COORDINATOR INFORMATION FORM to the UT Health Science Center Sex Education Program.	
DISTRICT COORDINATOR	<input type="checkbox"/> Coordinate with the UT Health Science Center Sex Education Program to acquire a signed Letter of Agreement between the UT Health Science Center Sex Education Program and your district.	
DISTRICT COORDINATOR	<input type="checkbox"/> Identify a person as the Campus Coordinator for each campus that will be teaching the Scott & White <i>Worth the Wait</i> ® Sex Education Curriculum. Provide a CAMPUS CONTACT INFORMATION SHEET on each.	
CAMPUS COORDINATOR <i>Must register 2 weeks prior to Teacher Training Conference date.</i>	<input type="checkbox"/> Coordinate dates for teacher training with the UT Health Science Center Sex Education Program staff. <ul style="list-style-type: none"> ○ All teachers who will teach the curriculum are required to attend the two-day training. Curriculum will not be released to a district until this requirement is fulfilled. ○ Registration forms for the training can be obtained from the UT Health Science Center Sex Education Program office at (210) 567- 7036 or on the Web site: www.iamworththewait.org ○ Provide the UTHSCSA SEP CURRICULUM INSTRUCTORS sheet. 	<input type="checkbox"/> Assist schools with implementation plan.
DISTRICT COORDINATOR <i>Schedule 2 months prior to parent/student presentation.</i>	<input type="checkbox"/> District Coordinator schedules dates for the parent/student program and optional District-Wide Staff In-Service with the UT Health Science Center Sex Education Program Educators. <ul style="list-style-type: none"> ○ The District-Wide Staff In-Service can be scheduled for any time during the school year. 	<input type="checkbox"/> Provides healthcare professional/educator speaker for the parent/student program. <input type="checkbox"/> Provides healthcare professional/educator speaker for District-Wide Staff In-Service.
CAMPUS COORDINATOR	<input type="checkbox"/> Ensure that parent permission is obtained using either the “Opt-In” or “Opt-Out” form. <i>Any signed permission or refusal must be kept on file with the school/district.</i>	<input type="checkbox"/> Both opt-in and opt-out template of permission forms are available in Section 2 of the Procedure Manual.

<u>ROLE</u>	<u>STEP</u>	<u>UT HEALTH SCIENCE CENTER SEX EDUCATION PROGRAM</u>
CAMPUS COORDINATOR	<input type="checkbox"/> Campus Coordinators establish and provide the UT Health Science Center Sex Education Program with: <ul style="list-style-type: none"> ○ Curriculum Teaching Dates 	
CAMPUS INSTRUCTOR CAMPUS COORDINATOR	<input type="checkbox"/> Provide CURRICULUM INSTRUCTOR IMPLEMENTATION DATA FORM <input type="checkbox"/> Teach all lessons (10 MS, 8 HS). <input type="checkbox"/> When teaching begins, contact the UT Health Science Center Sex Education Program during month with updates of lessons taught.	<input type="checkbox"/> The UT Health Science Center SEP program educator is available to meet with Coordinators to establish a plan of implementation. <input type="checkbox"/> The Program Educator is available as a resource throughout teaching at (210) 567-7036.
CAMPUS COORDINATOR	<input type="checkbox"/> (Optional) Host Student Assembly. <i>Students who attend the assembly must have parent permission.</i>	<input type="checkbox"/> Provides healthcare professional speaker.
CAMPUS INSTRUCTOR CAMPUS COORDINATOR	<input type="checkbox"/> Each instructor completes a CURRICULUM INSTRUCTOR POST TEACHING DATA FORM for every period/class. <input type="checkbox"/> Provide the UTHSCSA SEP CURRICULUM EVALUATION . <input type="checkbox"/> Campus Coordinator collects CURRICULUM INSTRUCTOR POST TEACHING DATA FORM and UTHSCSA SEP CURRICULUM EVALUATION and faxes them to the Health Science Center Sex Education Program at (210) 567-7042.	

DISTRICT AND CAMPUS COORDINATOR INFORMATION

Each district needs to appoint a DISTRICT COORDINATOR to act as liaison between the school district and the UT Health Science Center Sex Education Program.

- Primary point of contact within the UT Health Science Center Sex Education Program will be the Program Educators at (210) 567-7036.
- The district coordinator is responsible for (1) Scheduling the district-wide staff in-services; (2) Scheduling the parent/student program, and (3) Overseeing the district's implementation of the UT Health Science Center Sex Education Program using the Scott & White Worth the Wait® Sex Education Curriculum.
- **District Coordinators will need to complete the Contact Information Sheet and return it to the UT Health Science Center Sex Education Program office at the beginning of EACH school year.**

A CAMPUS COORDINATOR will also need to be assigned for districts with more than one middle and high school campus. *A coordinator will be assigned for each middle and high school campus in the district.*

- Primary point of contact for the Campus Coordinators in regards to materials and procedures will be the Project Coordinator at (210) 567-7036.
- The campus coordinator will be responsible for (1) Organizing the distribution and collection of parent permission slips; (2) Completing enrollment information for his/her campus; (3) Organizing the optional student assembly at his/her campus; and (4) Collecting Curriculum Instructor Implementation Data Forms, Curriculum Instructor Post Teaching Data Forms, and UTHSCSA SEP Curriculum Evaluation.
- **Campus Coordinators will also need to provide enrollment data, a list of Curriculum Instructors and survey/teaching dates for his/her campus and return it to the UT Health Science Center Sex Education Program office at the beginning of EACH school year. These forms can be faxed to the UT Health Science Center Sex Education Program office at 210-567-7042.**



DISTRICT COORDINATOR INFORMATION FORM

DISTRICT COORDINATOR: Complete this form for *your district* and fax/email to the UT Health Science Center Sex Education Program office. Please complete ALL lines. Make a copy for your records.

DISTRICT COORDINATOR NAME _____

SCHOOL YEAR _____ DISTRICT _____

POSITION _____

ADDRESS _____

PHONE _____ FAX _____

EMAIL _____

BEST CONTACT METHOD _____ TIME _____

CONFERENCE PERIOD _____

SCHOOL _____

CAMPUS CONTACT INFORMATION SHEET

District Contact: Complete this form and return it to the UT Health Science Center Sex Education Program at the beginning of the school year. Please complete ALL lines. Remember to make a copy for your records.

District Contact

School District: _____

Contact Name: _____

Position: _____

Address: _____

Phone: _____

Fax: _____

E-mail: _____

Best Contact: Method _____ Time(s) _____

School Campus Contact (Complete one form for each campus.)

Campus Name: _____

Contact Name: _____

Position: _____

Address: _____

Phone: _____

Fax: _____

E-mail: _____

Best Contact: Method _____ Time(s) _____

Teaching Date(s) _____

Teaching Date(s) _____

CURRICULUM INSTRUCTORS

Campus Contact: On the form below, list all nurses, and/or other school employees who will be teaching the Scott & White Worth the Wait® Sex Education Curriculum at your campus. Please return the completed form to the UT Health Science Center Sex Education Program at the beginning of the school year. Remember to make a copy for your records.

School District: _____

School Campus: _____

	First Name	Last Name	Position	Grade	# Students	Date attended Teacher Training	Email
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							
14							
15							
16							

Fax completed form to the UT Health Science Center Sex Education Program 210-567-7042



Curriculum Instructor Implementation Data Form Worth the Wait® Sex Education Curriculum

Complete and fax to 210-567-7042 or email to worththewait@uthscsa.edu

District: _____ Campus: _____

Teacher Name: _____

Teacher E-mail: _____

Anticipated Teaching Dates:

Start _____ Completion _____

Grade Level: _____ Number of Classes: _____

IMPORTANT:

*Remember to obtain parental permission before teaching using either the “opt-in” or “opt-out” format, approved by your district/school.

Please complete the **Curriculum Instructor Post Teaching Data Form when you have finished the unit and fax to 210-567-7042 or email to worththewait@uthscsa.edu

Curriculum Instructor Post Teaching Data Form Worth the Wait® Sex Education Curriculum

Complete and fax to **210-567-7042** or email to worththewait@uthscsa.edu

District: _____ Campus: _____

Teacher Name: _____

Teacher E-mail: _____

Please complete a NEW form for EACH class.

Class	# Students Taught	# Opted-out
6 th _____	6 th _____	6 th _____
7 th _____	7 th _____	7 th _____
8 th _____	8 th _____	8 th _____
HS _____	HS _____	HS _____

Ethnicity of students taught (Total Number):

Caucasian _____ African Amer. _____ Hispanic _____ Other _____

Your hard work in presenting students with this vital health information is appreciated! If you have any comments or questions, please contact the UT Health Science Center SEP at 210-567-7036.

PARENT PERMISSION

Parent permission forms must to be sent home before students are exposed to any Scott & White Worth the Wait[®] Sex Education Curriculum material. The purpose of the permission slip is to make parents aware that a sex education program will be taught in their child's school and to give parents the opportunity to "opt-out" their child from the Program, if desired. Sample templates of the two forms have been included in this section. It is at the school district's discretion to use "opt-in" vs. "opt-out" forms.

SAMPLE PARENT PERMISSION SLIPS

The two sample templates provided are only guidelines. Each district should develop a form that is appropriate for their schools.

"OPT-IN" PARENT PERMISSION SLIP TEMPLATE

Parents must sign this form for their children to participate.

Dear Parent/Guardian,	
The _____ Independent School District will soon begin teaching sexual health to all middle school students. School administrators have chosen UT Health Science Center's Sex Education Program. It is a two-week unit based on the medical and legal facts regarding teen sexual activity which teaches abstinence as the healthiest choice for teens. Student may participate in anonymous pre and post surveys to measure the Program's effectiveness.	
The curriculum will be available at each school campus for you to preview. If you have any questions, you may call _____ at _____. Once you are familiar with the program, if you prefer that your child not participate in this unit, please make an appointment to sign an 'Opt-Out' form.	
I _____ give my child, _____, permission to (Please print) (Please print)	
participate in the UT Health Science Center's Sex Education Program and survey. Please sign form below. Thank you.	
Sincerely, School Staff	_____ Parent/Guardian Signature Date

"OPT-OUT" TEMPLATE

Only parents who do not want to their child to participate will sign this form.

If you DO NOT wish your child to participate in the UT Health Science Center Sex Education Program, please complete this form.	
The UT Health Science Center Sex Education Program is a two-week unit based on the medical and legal facts regarding teen sexual activity which teaches abstinence as the healthiest choice for teens.	
After reviewing the UT Health Science Center Sex Education Program materials, I do not want _____ to participate (Please print student's name)	
in the UT Health Science Center Sex Education Program. I understand that he/she will not be allowed to remain in the classroom while the curriculum is being taught and that he/she will receive alternative lessons deemed appropriate by the school.	
Child's school: _____	Grade _____
Parent/Guardian Name (please print): _____	
Signature: _____	Date: _____
Reason(s) for not participating: _____	

“Opt-In” Parent Permission Slip Template (Spanish)

Estimado Padre de Familia/Guardián,

El _____ Independent School District empezará a dar clases de educación sexual a los estudiantes de _____. La administración de la escuela ha escogido el programa de UT Health Science Center. Comprende de una unidad de dos semanas basado en información médica y legal acerca de la actividad sexual de adolescentes que enseña abstinencia y como escoger saludablemente para el futuro del adolescente. Este programa es proveido por fondos de ayuda estatal y local. Uno de sus requisitos es un exámen antes y después al estudiante para medir la efectividad del programa.

El programa estará disponible en el campo de cada escuela para que usted pueda familiarizarse con el. Para cualquier pregunta, llame a _____ al _____. Una vez familiarizado con el programa, si usted prefiere que su hijo/a no participe, haga una cita en la escuela para firmar el formulario designado (“Opt-Out” Form).

Yo _____ doy permiso a mi hijo/a, _____, a participar en el programa de UT Health Science Center Educación Sexual. Por favor firme abajo. Gracias.

Sinceramente,

Administración Escolar

Padre/Guardián

Fecha

“Opt-Out” Parent Permission Slip Template (Spanish)

Si usted no desea que sus niños participen en el programa sobre educación sexual de UT Health Science Center, por favor complete este formulario.

El programa sobre educación sexual de UT Health Science Center incluye una unidad de dos semanas basada en información médica y legal acerca de la actividad sexual de adolescentes que enseña abstinencia como una manera saludable de escoger del adolescente.

Después de a ver revisado el programa sobre educación sexual de UT Health Science Center,

Yo no deseo que _____ participe en el programa de UT Health Science Center.

Yo entiendo que el/ella (Nombre del niño) no podrán quedarse en la aula cuando el programa este siendo enseñado y que el/ella recibirán una tarea alternativa aprobada por la escuela.

Nombre de la Escuela: _____ Grado: _____

Padres/ guardianes Nombres (Por favor deletrear): _____

Firma: _____ Fecha: _____

Razón por no participar: _____

CURRICULUM COMPONENTS

According to Chapter 28 of the Education Code, parental notification is required for student participation. If the parents “OPT-OUT” their child from the Scott & White Worth the Wait[®] Sex Education Curriculum, it is **the school district’s responsibility** to provide an alternate curriculum.

Curricula has been provided to participating campuses. Additional copies may be made by each school as needed. VIDEOS MAY NOT BE DUPLICATED. Additional videos may be purchased, please contact the SEP for ordering information. Schools are responsible for providing the supplies needed for the curriculum (*See Supply List*). Student personal commitment cards will be provided by the UT Health Science Center Sex Education Program based on the enrollment number the school provides. *Curriculum and Materials damaged or lost by the school will be replaced at school’s expense.*

The following items have been supplied to participating schools:

6th Grade

1 Curriculum Binder
1 CD of PowerPoint[®]
presentations

7th Grade

1 Curriculum Binder
1 CD of the PowerPoint[®] presentations
DVD- “*Just Thought You Oughta Know*”

8th Grade

1 Curriculum Binder
1 CD of the PowerPoint[®]
presentations
DVD- “*Sex Is Not a Game*”

High School

1 Curriculum Binder
1 CD of the PowerPoint[®] presentations
DVDs:
Teens, Sex & The Law Quiz Show
Mothers Too Soon
Fathers Too Soon
1 Curriculum Binder (w/ 1 CD) – Contraception & Teens

SUPPLY LIST

The following additional supplies will be needed for the Scott & White Worth the Wait[®] Sex Education Curriculum:

6th Grade

- One roll of white butcher paper
- One set of markers per group of four students
- Masking tape
- Note cards (# of students x 10)
- One set of colored pencils or box of crayons per group of four students
- One box of transparencies
- White construction paper
- Teen magazines with advertisements
- Notebook paper
- Personal Commitment cards
- Scissors
- Rubber bands (one per student)

8th Grade

- One roll of white butcher paper
- One set of markers per group of four students
- Masking tape
- Note cards (# of students x 10)
- One box of transparencies
- 25 mL of a clear, colorless basic solution (KOH, NaOH, Ammonia) per class
- One small, clear plastic container per student to hold about 25 mL of liquid (Dixie cups or condiment cups)
- Distilled water
- 50 mL of phenolphthalein or other basic indicator
- Pipette/eye dropper
- White construction paper (1 sheet/student)
- One box of colored pencils or one box of crayons per group of four students
- Notebook paper, pencils
- Personal Commitment cards

7th Grade

- One roll of white butcher paper
- One set of markers per group of four students
- Masking tape
- Note cards (# of students x 10)
- One box of transparencies
- Notebook paper
- Personal Commitment Cards
- Colored pencils,/crayons
- Magazines

High School

- Butcher paper
- Markers or colored pencils
- Light colored construction paper
- Transparencies for various activities
- Equipment for PowerPoint[®] presentations
- Notebook paper
- Pen or pencils
- Note cards (# of students x 8)
- Personal Commitment Cards
- Stapler

Other Preparations

Making copies of various handouts and worksheets

Laminating and cutting cards for several activities

Collect all Power Points and videos from curriculum needed for each lesson

Creating transparencies

Setting up equipment for PowerPoint[®] presentations and Videos

THE UT HEALTH SCIENCE CENTER SEX EDUCATION PROGRAM CURRICULUM EVALUATION

(TO BE COMPLETED BY THE INSTRUCTOR)

District _____ Grade Level _____ Date _____

Directions: Please complete the evaluation by circling the most appropriate answer.

1. I felt the health message was positively received by my students.

Strongly Disagree 1 Disagree 2 Neutral 3 Agree 4 Strongly Agree 5

2. I felt adequately prepared to provide classroom instruction and respond to student questions.

Strongly Disagree 1 Disagree 2 Neutral 3 Agree 4 Strongly Agree 5

3. When I had a question/concern, I received a timely response from the UT Health Science Center Sex Education Program.

Strongly Disagree 1 Disagree 2 Neutral 3 Agree 4 Strongly Agree 5

4. How would you rate this curriculum? (poor) 1 2 3 4 5 (excellent)

5. What are the strengths of this curriculum? (Check all that apply)

___ Format of lesson plans ___ Activities ___ Number/length of lesson plans
___ Information provided in curriculum ___ Layout ___ Other _____

6. How can this curriculum be improved? (Check all that apply)

___ Fewer activities ___ Additional activities ___ Different videos
___ Fewer lesson plans ___ Additional lesson plans
___ Other _____

7. If a one day refresher class on Teacher Training was offered during the summer (providing CPEs), I would be interested in attending.

Strongly Disagree 1 Disagree 2 Neutral 3 Agree 4 Strongly Agree 5

If yes, check what month. ___ June ___ July ___ August

8. Addition suggestions/comments _____

THE UT HEALTH SCIENCE CENTER SEX EDUCATION PROGRAM EDUWAIT TRAINING CONFERENCE

The UT Health Science Center Sex Education Program provides the necessary training to implement and teach the nationally-recognized Scott & White Worth the Wait® Sex Education Curriculum and understand the health aspects associated with adolescent sexual activity. **The innovative two-day training conference can be attended by any individual that plays a role in the life of a teen.**

Topics include the following:

What Adults Need to Know About Teens & Sex
STD Update (AIDS, Hepatitis, HPV, HSV)
Contraception and Teens
Teens, Sex & the Law
Sex in the Media
Sexual Assault & Sexual Abuse

Curriculum Overview: Lessons, Activities, Teaching Strategies & How to Respond to Teen Questions

ANY EDUCATOR TEACHING THE WORTH THE WAIT® CURRICULUM MUST ATTEND ALL OF THE 2-DAY EDUWAIT TRAINING CONFERENCE PRIOR TO IMPLEMENTING THE CURRICULUM.

CONFERENCE DETAILS

- Districts must provide a substitute, if needed, for those teachers attending the conference. Training will prepare teachers to implement the curriculum and to address student questions. School nurses, social workers, counselors, and administrators are also encouraged to attend.
- Since there may be times that grant funds are not available for meals and snacks, a minimal fee may be charged to offset the cost of breakfast, lunch, and refreshments each day. This will be a non-refundable and non-transferable fee. Districts will be notified on a training to training basis. Payment can be made by check; payment must be received by the registration deadline. **DEPT. OF OB/GYN – THE UT HEALTH SCIENCE CENTER SEX EDUCATION PROGRAM** must be written on the check and envelope to ensure it reaches our office. *We are not responsible for lost or misdirected mail.* Registration is not confirmed until payment has been received.
- A manual providing an agenda and syllabus will be provided at the conference for each attendee. The conference times will be 8:00 a.m. to 4:00 p.m. both days. Breakfast will be available from 7:30 a.m. to 8:15 a.m. and the conference will begin promptly at 8:15 a.m. For your comfort, please remember to bring a sweater.
- Registration is on a first-come, first-serve basis as seating is limited. Please contact the UT Health Science Center Sex Education Program (210) 567-7036 for a registration form. The registration deadline will always be two weeks prior to each conference date. The registration form is also available on the Program Web site; www.iamworththewait.org.
- Locations of the conference may vary, please check your registration form.

ADULT PRESENTATIONS

DISTRICT-WIDE

We believe providing district-wide training for all school employees gives everyone the opportunity to learn about the Program as well as the medical, social and legal ramifications associated with teens having sex. This helps to ensure that students are receiving the same message from all the adults they come in contact with on a daily basis. District-wide training is recommended for all schools, but not required.

If your district decides to provide the training, the district coordinator is responsible for scheduling a date, time and location with the UT Health Science Center Sex Education Program. One district-wide training is provided for each school district and may be scheduled at any point during the school year. It does not have to fall in sequence with any other sex education program event. **A two-month minimum notice is requested in order to best accommodate your selected date. The on-site training consists of a 1 ½ to 2-hour presentation made by the UT Health Science Center Sex Education Program healthcare professional.**

“SAY IT” PARENT/STUDENT PROGRAM

The district coordinator is responsible for scheduling a date, time, and location for a parent/student program prior to implementation of the curriculum. The UT Health Science Center Sex Education Program provides one parent/student program for each school district. The presentation educates parents and students on the problems surrounding teens having sex and why teaching abstinence is important. Parents are also given an opportunity to learn about the Scott & White Worth the Wait® Sex Education Curriculum as well as ask questions and voice concerns.

Increasing attendance at the parent/student programs is one of our Program goals. The following pages contain a step-by-step plan to accomplish this goal.

- Please review the following model plan as you prepare for your district’s parent/student program.
- It is the school district’s responsibility for advertising the parent/student program.
 - Most schools send a flyer home with students announcing the time, date, and location.
 - You may want to place an ad in the local newspaper, school newsletter, or mail notices home to ensure the best attendance.
 - Information may be added to your school’s Web site.

The presentation will be conducted by the UT Health Science Center Sex Education Program personnel. Program Educators will work with you to schedule a date.

- **We suggest that you have the curriculum available for parents to review at the program and be ready to discuss your school’s implementation plan.**
- It is also important to have all Worth the Wait® teachers and Campus Coordinators available for the parents. These teachers have the best understanding of their students and classroom mechanics and can answer specific questions regarding implementation on their campuses.
- We will administer a short adult pre and post survey the evening of the presentation. The UT Health Science Center Sex Education Program will provide the surveys.
- One copy of the presentation handouts will be provided from which the school may choose to make copies to have available for the parents.

**MODEL TIMELINE & SUGGESTIONS FOR PLANNING A
SUCCESSFUL PARENT/STUDENT PROGRAM**

2 Months Before	<ul style="list-style-type: none"> • Schedule a presentation date and time with the UT Health Science Center Sex Education Program. • Record the presentation date on the school's Master Calendar.
1 Month Before	<ul style="list-style-type: none"> • Design a flyer which can also be used for a newsletter ad & postcard mailers. • Arrange for food & door prizes. <i>If donated, publicize donor's name on the flyer.</i> • Arrange for childcare services. <i>Many high school groups/clubs are required to accomplish a number of community service hours. Groups providing this service may be recognized on the flyer.</i> • Arrange incentives to be given to students whose parents attend the presentation.
2 Weeks Before	<ul style="list-style-type: none"> • Place an ad in the newspaper or school newsletter to publicize the event. • Mail postcards and flyers. • Campus Coordinator: Send parent permission slips home to parents for them to bring back signed <u>to the presentation</u>.
1 Week Before	<ul style="list-style-type: none"> • Send a flyer home with each student receiving the curriculum. • Verify the AV equipment needs. • Confirm event details with the UT Health Science Center Sex Education Program, (210) 567-7036.
1-2 Hours Before	<ul style="list-style-type: none"> • Set up AV equipment. • Set up food table, curriculum display table & sign-in table.

PARENT/STUDENT PROGRAM TIPS

Research such as Bearman's and Blum's "Protecting adolescents from harm" from the National Longitudinal Study on Adolescent Health, continues to demonstrate the important role of parents when it comes to teens abstaining from sexual activity. Teens are less likely to become sexually active if they are aware of their parents' disapproval of not only teens having sex but also of teens' use of contraceptives. Furthermore, a strong father-daughter relationship is another deterrent to teen sexual activity. *Attendance by all parents is very important.*

1. A successful evening will largely be due to a well-planned team effort between the school officials and the UT Health Science Center Sex Education Program team members.
2. When scheduling the date, consider other conflicting school activities like evening sports events.
3. *Provide incentives!* These are some suggestions that have proven successful in the past.
 - a. The superintendent/principal can approve giving students bonus points in designated classes if their parents attend the program. Distribute bonus point vouchers at the end of the presentation.
 - b. Local business owners can be contacted to solicit food and door prize donations. Two-part raffle tickets work well. Door prize tickets should not be given out once the presentation officially starts.
 - c. High school clubs needing community service hours can be contacted to provide childcare.
4. *Advertise!* You may choose to design your own flyer or you may use the template provided by UT Health Science Center Sex Education Program to reach parents/guardians of all students receiving the curriculum. This same flyer can be used as a newspaper ad template or a postcard mailer.

The combined effort of the school officials, community businesses, and the UT Health Science Center Sex Education Program (SEP) team members should result in a good turnout. The following pages contain the timeline, helpful hints, and templates. Please use the following flyer and model timeline as a guide as you prepare for your district's parent/student program. The UT Health Science Center SEP is successful because of the support of the schools. Let's expand this success by encouraging and promoting more parents to get involved!

We are looking for other ideas to motivate parents to attend such events. If you have any tips or suggestions, you may contact us at worththewait@uthscsa.edu or by calling (210) 567-7036.



SAY IT!

Parent/Student Program

Date

Time

Location

Say IT! Sexual Reality Revealed

Teens must be accompanied by a parent!

What Is The “Say IT!” Parent/Student Program?

Say IT! is a 90 minute, interactive program that promotes parent-teen communication about sexual health. Filled with candid dialogue, eye-opening activities, and hard-hitting facts, this presentation pulls no punches to get families talking about the “birds and the bees.”

What Can We Expect For the Night?

Parents get a chance to begin one-on-one discussion with their teen about topics in the Worth the Wait® Sex Education Curriculum: healthy relationships, STDs, teen pregnancy, and setting boundaries. A Q&A session with our program educators and your school’s contact will close the evening.

How Can I Learn More About The Worth the Wait® Curriculum?

The 10-lesson curriculum is based on the medical and legal facts and teaches abstinence as the healthiest choice for teens. To view a full copy of the curriculum, contact your administrator or call us at 210-567-7036.

www.iamworththewait.org
worththewait@uthscsa.edu
210-567-7036

WE MAKE LIVES BETTER
UT HEALTH SCIENCE CENTER™
SEX EDUCATION PROGRAM

OPTIONAL STUDENT PRESENTATION

The **Campus Coordinator** is responsible for arranging a date, time, and location for an optional assembly-style presentation to all high school students in their school. If a school has more than 150 students in the high school, we will provide two presentations. This presentation is offered after the curriculum has been taught.

The presentation will be conducted by a Healthcare Professional from the UT Health Science Center Sex Education Program personnel. The more notice provided, the better we will be able to accommodate your requested presentation date.

The presentation allows for a summation of the material and the opportunity for students to have their questions answered by healthcare professionals.

It is important to remember that a permission form, signed by the parent or guardian, be on file prior to the student attending the presentation.

If you are interested in having an all-school assembly or setting up a student-body presentation on your high school campus, please contact the UT Health Science Center Sex Education Program office at (210) 567-7036.

TEEN FOCUS GROUPS

The UT Health Science Center Sex Education Program values the input of parents, teachers, students and the community. The Program has implemented Teen Focus Groups as an important evaluation tool of the Scott & White Worth the Wait® Sex Education Curriculum, the UT Health Science Center Sex Education Program and our effectiveness in reaching the students.

Several schools will be randomly chosen each year to host a Teen Focus Group. A program educator from the UT Health Science Center Sex Education Program (SEP) will come to the campus at a time chosen by the school. The students will participate in a fun and creative “game” that allows them to answer questions about the Scott & White Worth the Wait® Sex Education Curriculum anonymously and honestly. Their feedback is very valuable to the UT Health Science Center Sex Education Program in looking at how the SEP may be enhanced.

If your school would like to volunteer to participate in a Teen Focus Group, please contact the UT Health Science Center Sex Education Program office, (210) 567-7036.